

Children's Hospital of Wisconsin Pediatric Sleep Conference

Monday, Oct. 18
7:30 a.m. – 4 p.m.

Oakwood Center, Suite 120, Room 1A
10361 Innovation Drive, Wauwatosa, Wis.

Purpose

To improve the knowledge and skills of individuals caring for children with sleep disorders. To provide networking opportunities for individuals in the field of sleep medicine.

Target audience

Sleep technicians, respiratory care practitioners, EEG technicians, nurses, and students of these disciplines.

Conference highlights

- Review the unique aspects of sleep disorders in children.
- Identify cardio-respiratory and neurologic abnormalities in children during sleep.
- Understand the use of melatonin in children with sleep disorders.
- Review case studies and sleep studies in children.
- Overview of post-traumatic stress disorder and sleep disorders.

Continuing education

Application has been made to the American Association of Sleep Technologists and American Association for Respiratory Care (AARC) for continuing education contact hours.

Conference cost

Includes conference materials, includes meals, and continuing education credits.

- General Registration \$75
- Students \$25

Refund policy

A refund minus a \$25.00 processing fee per registration will be issued if written cancellation is received no later than October 11, 2010. Substitutions only after October 11, 2010 by calling (414)266-2209

ADA statement

Children's Hospital and Health System fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant needs accommodation, please call (414) 266-2209.

Questions

Contact Marie Grevsmuehl, Conference Coordinator,
at (414)-266-2209 or mgrevsmuehl@chw.org



Conference schedule:

7:30 a.m. **Registration/Continental breakfast/Vendors**

8:15 a.m. **Welcome address**

8:30 a.m. **Assessment and surgical treatment of the pediatric upper airway in sleep disordered breathing**, Dr. Cecille Sulman, MD

Objective: Participants will learn the various surgical approaches to children with obstructive sleep apnea.

9:30 a.m. **Break/vendors**

9:45–
10:45 a.m. **Dreaming, dream content and psychopathology, treatment of nightmares**,
Dr. Mark D. Rusch, PhD

Objective: Participants will acquire an understanding of the basis and significance of dreaming. Participants will also identify myths associated with dream interpretation and learn about recent developments in the treatment of nightmares.

10:45–
11:45 a.m. **Sleep and epilepsy in childhood: Things that go bump in the night**,
Dr. Uzma Sharif, MD

Objective: Participants will distinguish nocturnal events that may be seizures from primary sleep disorders. They will describe relationship between sleep-wake cycle in common pediatric epilepsy syndromes. Participants will also discuss the impact of seizures and AEDs on sleep and daytime alertness.

11:45–
12:45 p.m. **Lunch/Vendors**

12:45–
1:45 p.m. **Recognition of arrhythmias in sleep**, Dr. Rohit P. Rao, MD

Objective: Participants will identify deviations from normal electrophysiology during sleep.

1:45–
2:45 p.m. **Melatonin in pediatrics**, Dr. Louella Amos, MD

Objective: Participants will understand the clinical use of melatonin in children.

2:45 p.m. **Break**

3:00–
4:00 p.m. **The pediatric sleep study from A to Zzzz**, Sue Samphere, CRT, RPSGT

Objectives: Participants will understand the basic setup of a pediatric sleep study. They will also discuss a video of pediatric parasomnias.

