Here we go. . . to the hospital





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My mom is taking me to the hospital to see the doctor today.

I get to bring my favorite toy with me.



When we get there we will find a place to park. We will get out and go into the hospital.

It could be noisy. Usually there are a lot of people in the hall-ways. This is okay. I can say, "Hi" to the doctors walking by.



We will go to the check-in desk. We might have to wait.

I need to be patient and sit quietly. I can play with my toy while we wait.



The nurse may put a bracelet on my arm. It might feel itchy.

I need to hold my arm still while she puts it on. I can take it off when I go home.



I get to stand on a scale to see how big I am.

Sometimes the nurse will put a cuff on my arm. It will feel like a squeeze. That is okay. I can watch the numbers.



Sometimes the nurse needs to give me medicine. I might swallow it or I might get an IV. An IV feels like a pinch.

Hold still. . . 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.

I can hold my toy and mom's hand.



I might need to go for an x-ray or a test. I may have to get off the bed and lie on a table.

Sometimes the machine might make some noise. I can sing a song in my head. I can keep my toy with me under the heavy blanket.



Sometimes kids stay at the hospital for the night. If I do, I will have mom or dad stay with me. My toy gets to stay too.



When it's time to go home, I might get to ride back to the car in a wheelchair.

Go faster, Mom!



The hospital is an exciting place to visit. I will see my doctors again next time.

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