

# Here we go. . . to imaging



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I am going to imaging today.  
They are going to take pictures  
of me with a big camera. I can  
bring a toy with me if I want to.

The first thing I do is check in.



Sometimes I might have to wait.  
I can sit with my parent or a  
friend. I can play with my toy  
or read a book.



They will tell me when it is my turn. Then I will go to the room where the camera is. It might be an MRI, a nuclear medicine, an x-ray, or a CT scan camera room.

Sometimes lots of people like nurses and doctors are in the room.



I might have to sit or lie down for the picture. My parent or friend can stay with me.

I can look at the pictures on the ceiling.



When it is time to take the picture the table might move under the big camera. Sometimes the camera moves over me. The camera does not hurt or touch me. It might be noisy. That's okay. I can count—1...2...3...4...5...6...7...8...9...10!

Sometimes there is music or a movie in the room.



They will tell me when I need to lie still. They might say “quiet hands and quiet feet” and wait until I am still.

They will be happy if I can lie still.



Sometimes the tech will help me keep my arms and legs quiet with a special seat belt. That's okay. I know it is important to be still for the picture to be good. My parent or friend can hold my hand.



Next, they go behind a glass window to take the pictures. I can lay still and the tech will tell me when I am done. Sometimes they say, "Hold your breath" and then, "You can breathe now."



After the machine takes the picture, the camera will move back and I will be able to leave. The tech might say, "Good job" or "You earned a prize."



Taking this picture was no big deal. I did a great job!